



### Trials and temptations upset our spiritual pace

- Anger and sin speeds up
- Listening & obeying slow down

**Biblical answer?**



### Slow down your mouth and your rage

- Be slow to speak (19)
- Be slow to anger (19, 20)

**SLOW YOUR MOUTH AND RAGE TO SPEED UP YOUR RACE.**

**How do I do this?**

## LIVING FAITH IN TESTING TIMES

JAMES 1:19-25

# CHANGE THE PACE TO FINISH THE RACE

LET EVERY PERSON BE QUICK TO HEAR, SLOW TO SPEAK, SLOW TO ANGER; 20 FOR THE ANGER OF MAN DOES NOT PRODUCE THE RIGHTEOUSNESS OF GOD. JAMES 1:19-20



**Change the pace of speaking, raging, hearing, and doing to finish the race.**



### Speed up your ears and your hands

- Be fast to hear (19, 21)
- Be fast to do (22-25)

**HEAR AND DO THE WORD TO RUN AND FINISH THE RACE**

**Action?**

